

V Triathlon w Zimnej Wodzie

Organizator: Ośrodek Sportu i Rekreacji w Łukowie, Klub Biegacza V-Max Adamów

Data: 24-25.05.2025

Dystans: Triathlon 1/8

Miejsowości: Łuków

Msc.	Nr	Nazwisko Imię	Miasto	Team	Płeć	Rok	Kat	Woda	T1	T2	Rowing	T2	Bieg	Wynik	Kara
1	198	Szczekala Oliwier	Lublin	Kazki / Swim Tri Rzeszów	M	2004	M2	00:05:41	00:01:20	00:34:32	00:01:03	00:18:02	01:00:38	00:00:00	
2	133	Młodzikowski Paweł	Adamów	Relentless	M	1987	M5	00:06:40	00:01:32	00:33:43	00:00:47	00:18:16	01:00:58	00:00:00	
3	121	Maksymowicz Krzysztof	Toruń	IronBro	M	2003	M2	00:06:01	00:01:05	00:34:28	00:04:00	00:19:00	01:01:20	00:00:00	
4	138	Mrozek Robert	Lublin	Mrozek Tri team	M	1987	M5	00:06:12	00:00:55	00:35:15	00:00:42	00:20:25	01:03:29	00:00:00	
5	206	Kłaczek Mateusz	Puławy	PZU Sport Team	M	1996	M3	00:06:52	00:01:30	00:34:20			01:03:33	00:00:00	
6	3	Baranek Bartek	Piaseczno	LUFT TRI TEAM	M	2008	M1	00:06:27	00:01:06	00:35:18			01:04:12	00:00:00	
7	85	Korulczyk Rafał	BAŁTÓW	TRI AMO	M	1981	M6	00:06:48	00:01:14	00:34:01	00:01:09	00:21:00	01:04:12	00:00:00	
8	97	Kropiewnicki Przemek	Warszawa	Sport2freedom / TM Iron Team	M	1982	M6	00:06:25	00:01:07	00:35:08	00:00:51	00:20:50	01:04:21	00:00:00	
9	75	Kepka Marcin	Lublin	Mrozek TRI Team	M	1989	M5	00:06:46	00:01:11	00:34:33	00:00:51	00:21:15	01:04:36	00:00:00	
10	114	Łoński Andrzej	Krasnystaw	Ruch Izbica	M	1978	M7	00:07:33	00:01:24	00:35:06			01:04:56	00:00:00	
11	35	Fabiszewski Marcin	Warszawa	TriWawa Relentless	M	1983	M6	00:07:06	00:01:13	00:34:12	00:01:09	00:21:28	01:05:08	00:00:00	
12	136	Mościcki-Zanchi (Zanki) Patryk	Warszawa	UKS G-8 BIELANY WARSZAWA	M	2003	M2			00:37:53			01:05:11	00:00:00	
13	70	Karolak Adam	Józefosław	Kuźnia Triathlonu	M	2005	M2	00:06:47	00:01:08	00:35:10			01:05:18	00:00:00	
14	239	Sobolewski Mateusz	Warszawa	DAWAJ KALACH TEAM	M	2003	M2	00:06:27	00:01:40	00:36:40			01:05:32	00:00:00	
15	6	Berent Karol	Siemiatycze	Dawaj Kalach Team	M	1993	M4	00:07:26	00:01:37	00:33:57			01:05:47	00:00:00	
16	56	Grochowski Paweł	Warszawa	MBC Team	M	1987	M5	00:07:16	00:01:18	00:35:38	00:00:53	00:21:09	01:06:14	00:00:00	
17	45	Gogol Tomasz	Łomianki		M	1989	M5	00:07:37	00:01:10	00:35:16	00:00:55	00:21:19	01:06:17	00:00:00	
18	193	Stróżak Tomasz	Strzykiły	Java Team	M	1989	M5	00:06:56	00:01:18	00:35:35	00:01:01	00:21:30	01:06:20	00:00:00	
19	102	Kuter Krzysztof	Piaseczno	Kuźnia Triathlonu	M	1982	M6	00:07:25	00:01:25	00:35:46	00:01:15	00:21:01	01:06:52	00:00:00	
20	86	Kostera Adrian	Sevenum	kosteraTeam	M	1986	M5			00:35:14	00:01:24	00:21:41	01:06:59	00:00:00	
21	73	Kazanecki Tomasz	Legionowo	Twister Team	M	1976	M7	00:06:52	00:01:26	00:35:22	00:01:18	00:22:09	01:07:07	00:00:00	
22	96	Kropiewnicka Agnieszka	Warszawa	Sport2freedom/TM Iron Team	K	1982	M6	00:06:27	00:01:10	00:37:01	00:00:57	00:21:39	01:07:14	00:00:00	
23	155	Pilch Maciej	Warszawa	Kuźnia Triathlonu	M	1990	M5	00:07:31	00:01:39	00:35:17	00:01:39	00:21:51	01:07:57	00:00:00	
24	22	Czerński Adrian	Lublin	BANDA GRUDNIA	M	1989	M5	00:09:19	00:02:25	00:35:25	00:01:47	00:19:21	01:08:17	00:00:00	
25	59	Ignatowicz Andrzej	Warszawa	SK TRI&SWIM	M	1974	M8	00:07:36	00:01:13	00:36:57	00:01:16	00:21:58	01:09:00	00:00:00	
26	218	Wojewoda Paweł	Warszawa	Kuźnia Triathlonu	M	1978	M7	00:07:18	00:01:23	00:35:36	00:01:13	00:23:36	01:09:06	00:00:00	
27	237	Majos Paulina	Kielce	TM Iron Team	K	1996	K3	00:05:59	00:01:06	00:38:23	00:00:56	00:22:53	01:09:17	00:00:00	
28	30	Duban Aleksandra	Janki	UKS G-8 Bielany Warszawa	K	2005	K2	00:05:53	00:00:58	00:41:27	00:00:46	00:20:44	01:09:48	00:00:00	
29	5	Bedyński Radek	Warszawa	Kuźnia Triathlonu	M	1973	M8	00:08:47	00:01:51	00:35:39	00:01:36	00:22:23	01:10:16	00:00:00	
30	210	Urbanowicz Rafał	Warszawa	KAZIKI	M	1981	M6	00:07:19	00:01:40	00:36:14	00:01:23	00:23:49	01:10:25	00:00:00	
31	124	Marcinkowski Paweł	Warszawa	Brańszczyk	M	1985	M6	00:06:44	00:01:27	00:35:58	00:01:10	00:25:07	01:10:26	00:00:00	
32	28	Dominik Grzegorz Dominik	Bodziechów	TRI AMO	M	1971	M8	00:08:56	00:01:27	00:36:16	00:01:08	00:22:46	01:10:33	00:00:00	
33	188	Stanczak Bartosz	Warszawa	Luft Tri Team	M	1979	M7	00:07:44	00:01:36	00:35:28	00:01:13	00:24:32	01:10:33	00:00:00	
34	2	Antoszewski Bartosz	Warszawa	Kuźnia Triathlonu	M	1982	M6	00:08:58	00:01:16	00:38:10	00:01:05	00:21:13	01:10:42	00:00:00	
35	34	Dziubak Piotr	Sobolew		M	1993	M4	00:09:07	00:01:40	00:37:29	00:01:16	00:21:31	01:11:03	00:00:00	
36	151	Piechaczek Sławomir	Warszawa	IM Inspiration	M	1981	M6			00:36:52	00:01:14	00:24:11	01:11:08	00:00:00	
37	44	Godzwin Mateusz	Lublin	Banda Grudnia	M	1991	M4	00:08:14	00:01:26	00:38:56	00:01:12	00:21:22	01:11:10	00:00:00	
38	66	Jeremiejew Rafał	Prawiedniki	Mrozek Tri Team	M	1973	M8	00:07:05	00:01:29	00:38:32	00:01:01	00:23:06	01:11:13	00:00:00	
39	14	Chabros Adrian	Stare Babice	IMInspiration	M	1985	M6	00:06:38	00:01:57	00:37:17	00:01:41	00:24:00	01:11:33	00:00:00	
40	84	Konik Tomasz	Warszawa	Kuźnia Triathlonu	M	1984	M6	00:08:35	00:01:54	00:36:56	00:01:38	00:22:31	01:11:34	00:00:00	
41	55	Graj Arkadiusz	Świdnik	Banda Grudnia	M	1986	M5	00:08:51	00:01:25	00:39:37	00:01:37	00:20:21	01:11:51	00:00:00	
42	108	Lesniak Grzegorz	Włodawa	Relentless	M	1975	M8	00:09:10	00:01:28	00:37:57	00:01:14	00:22:07	01:11:56	00:00:00	
43	33	Dziegielski Jan	Mińsk Mazowiecki	DTZ	M	2007	M1	00:06:58	00:02:04	00:38:38			01:11:58	00:00:00	
44	94	Krasowski Koenig Bauer - Pawe	Warszawa	Sport2Freedom	M	1984	M6	00:07:53	00:01:38	00:38:53	00:01:38	00:22:00	01:12:02	00:00:00	
45	87	Kowalski Sebastian	Trzciany	TIMBUD TEAM	M	1981	M6			00:38:33	00:01:22	00:21:35	01:12:17	00:00:00	
46	39	Ganczar Bartosz	Warszawa	Unit4Men	M	1986	M5	00:08:19	00:01:21	00:38:26	00:01:37	00:22:51	01:12:34	00:00:00	
47	92	Krakowiak Tomasz	Warszawa	Kuźnia Triathlonu	M	1979	M7	00:08:37	00:01:31	00:38:48			01:12:41	00:00:00	
48	72	Kasprowski Sławomir	Ostrowiec Św.	TRI AMO	M	1975	M8	00:07:51	00:01:31	00:38:57	00:01:07	00:23:26	01:12:52	00:00:00	
49	205	Teodorczyk Mateusz	Falenty Duże	M&M Team	M	1989	M5	00:08:02	00:01:35	00:39:22	00:01:17	00:22:37	01:12:53	00:00:00	
50	141	Niedziółka Aleksander	Łuków		M	2009	M1	00:09:11	00:01:26	00:39:22	00:00:55	00:22:01	01:12:55	00:00:00	
51	40	Garbacik Jacek	Stalowa Wola	SKB Triathlon Team	M	1967	M9	00:08:51	00:01:19	00:38:09	00:01:01	00:23:43	01:13:03	00:00:00	
52	118	Madej Zuzanna	Warszawa	SwimTriRzeszów / KAZIKI	K	2004	K2			00:42:28	00:00:47	00:23:18	01:13:08	00:00:00	
53	142	Niestepniak Paweł	Legionowo	Dawaj Kalach Team	M	1990	M5	00:07:17	00:01:56	00:40:07	00:01:14	00:22:35	01:13:09	00:00:00	
54	219	Wróbel Karol	Warszawa		M	2025		00:08:15	00:01:18	00:38:51	00:01:05	00:23:41	01:13:10	00:00:00	
55	238	Sobolewski Jakub	Warszawa	BGK	M	1977	M7	00:08:09	00:01:25	00:39:25	00:01:02	00:23:09	01:13:10	00:00:00	
56	1	Andrzejczyk Sebastian	Warszawa	Relentless	M	1973	M8	00:07:28	00:01:19	00:38:06	00:01:43	00:24:43	01:13:19	00:00:00	
57	180	Siennicka Kornelia	Rakowiska	Luft Tri Team	K	2005	K2	00:07:33	00:01:34	00:40:38	00:01:28	00:22:12	01:13:25	00:00:00	
58	179	Sekuła Marcin	Lublin	Lubelska Grupa Triathlonu	M	1978	M7	00:07:16	00:01:35	00:39:57	00:01:04	00:23:53	01:13:45	00:00:00	
59	236	Dudek Adam	Wrocław	Wielkie Kule	M	1998	M3	00:06:27	00:01:29	00:40:28	00:01:05	00:24:39	01:14:08	00:00:00	
60	8	Baardzalewicz Grzegorz	Warszawa	Kuźnia Triathlonu	M	1980		00:08:03	00:02:29	00:39:27	00:01:10	00:23:10	01:14:19	00:00:00	
61	161	Polakowski Paweł	Gdańsk		M	1999	M3	00:08:09	00:01:52	00:41:08	00:01:23	00:22:02	01:14:34	00:00:00	
62	160	Polak Wojciech	Wieruchow	Kuźnia Triathlonu	M	1972	M8	00:08:13	00:02:19	00:38:08	00:01:43	00:24:17	01:14:40	00:00:00	
63	233	Dworawski Bartłomiej	Warszawa	Wielkie Kule	M	1998	M3	00:10:34	00:02:25	00:38:45	00:01:17	00:21:48	01:14:49	00:00:00	
64	224	Zamarrisa Karolina	Warszawa	CTS	K	2000	K3	00:06:47					01:15:05	00:00:00	
65	109	Lewandowski Piotr	Dąbrowica	Lubelska Grupa Triathlonu	M	1972	M8	00:07:34	00:02:14	00:40:42	00:01:08	00:23:29	01:15:07	00:00:00	
66	20	Ciechwier Michał	Warszawa	KUŹNIA TRIATHLONU	M	1989	M5	00:08:54	00:01:58	00:39:02	00:01:54	00:23:32	01:15:20	00:00:00	
67	32	Dudek Krzysztof	Śleza	Armady Wrocław	M	1995	M4	00:08:00	00:02:24	00:40:18	00:01:11	00:23:37	01:15:30	00:00:00	
68	139	Mról Dariusz	Warszawa	Kuźnia Triathlonu	M	1974	M8	00:09:15	00:02:11	00:37:49	00:01:58	00:24:37	01:15:50	00:00:00	
69	146	Osiecki Edwin	Konstancin Jeziorna	Kuźnia Triathlonu	M	1969	M9	00:08:08	00:01:39	00:41:05	00:01:35	00:23:34	01:16:01	00:00:00	
70	9	Błażewicz Paweł	Lublin	WMKS WYDRY OLSZTYN	M	1993	M4	00:08:12	00:01:16	00:42:10	00:00:55	00:23:59	01:16:32	00:00:00	
71	183	Siwiec Agata	Krasnystaw	Saoura training	K	1997	K3						01:16:47	00:00:00	
72	217	Wojcieszuk Anna	Lublin	CTS	K	1993	K4	00:07:23	00:01:45	00:44:35	00:01:19	00:21:57	01:16:59	00:00:00	
73	135	Momot Krzysztof	Biała Podlaska	BMT	M	1964	M10	00:08:01	00:02:23	00:38:18	00:02:04	00:26:34	01:17:20	00:00:00	
74	173	Ruszkowski Wiktor	Warszawa	Dawaj Kalach Team	M	1986	M5			00:41:53	00:01:38	00:22:54	01:17:22	00:00:00	
75	90	Kozluk Miłosz	Łosice		M	2004	M2	00:09:00	00:01:44	00:42:41	00:01:07	00:22:57	01:17:29	00:00:00	
76	137	Mraz Aleksandra	Warszawa	Endlesspain	K	1998	K3	00:06:54	00:01:54	00:42:23	00:01:09	00:25:12	01:17:32	00:00:00	
77	29	Dominik Jan	Warszawa		M	1999	M3	00:09:04	00:01:31	00:40:05	00:01:25	00:25:40	01:17:45	00:00:00	
78	50	Gościński Andrzej	Strzeniowka	Kuźnia Triathlonu	M	1975	M8	00:09:17	00:02:13	00:38:34	00:01:32	00:26:27	01:18:03	00:00:00	

113	148	Parzelski Gerard	Radom	VENTUS Radom	M	1975	M8	00:09:49	00:02:38	00:40:59	00:01:34	00:30:12	01:25:12	00:00:00
114	53	Górski Jacek	Warszawa	ESJA	M	1986	M5	00:08:57	00:02:56	00:45:41	00:00:58	00:26:46	01:25:18	00:00:00
115	21	Curyło Wacław	Boguszków	Boguszków Team	M	1964	M10	00:10:27	00:01:56	00:42:58	00:01:19	00:28:57	01:25:37	00:00:00
116	82	Kolodziejczyk Piotr	Łuków		M	1982	M6	00:09:02	00:02:10	00:43:04	00:01:45	00:29:42	01:25:43	00:00:00
117	169	Romanowski Filip	Józefów		M	2006	M1	00:08:02	00:04:07	00:47:06	00:00:58	00:25:43	01:25:56	00:00:00
118	105	Leńczowska Anna	Krzywaczka	TRI AMO	K	1980	K7	00:13:11	00:01:45	00:41:48	00:01:27	00:27:46	01:25:57	00:00:00
119	25	Dobrzyńska Agata	Seroki-Parcela		K	1987	K5	00:09:42	00:02:20	00:46:51	00:01:28	00:25:39	01:26:00	00:00:00
120	226	Zdunek Paweł	Okrzeja	BIKE&RUN	M	2001	M2	00:13:21	00:02:21	00:42:26	00:02:10	00:26:24	01:26:42	00:00:00
121	64	Izdebski Leszek	Lublin		M	1991	M4	00:08:27	00:04:03	00:43:45	00:01:15	00:29:35	01:27:05	00:00:00
122	11	Borkowski Krzysztof	Celestynów	Angry Monkey	M	1972	M8	00:08:48	00:02:12	00:45:25	00:01:51	00:28:54	01:27:10	00:00:00
123	208	Uniyal Vic	Jozefoslaw	Kuźnia Triathlonu	M	1987	M5	00:08:23	00:04:22	00:45:15	00:01:42	00:27:31	01:27:13	00:00:00
124	98	Krzyśpiak Kamil	Tarnowskie Góry		M	1978	M7	00:09:35	00:03:49	00:45:37	00:02:59	00:25:14	01:27:14	00:00:00
125	225	Zambrowska Joanna	Pruszków	Trinity Triathlon/ Kuźnia Triathlonu	K	1989	K5	00:10:09	00:02:09	00:47:03	00:01:30	00:26:30	01:27:21	00:00:00
126	165	Rewicka Anna	Warszawa		K	1985	K6	00:09:02	00:02:33	00:45:17	00:01:30	00:29:09	01:27:31	00:00:00
127	68	Kaniewski Adam	Siedlce		M	1996	M3	00:10:39	00:03:11	00:45:59	00:01:03	00:26:59	01:27:51	00:00:00
128	61	Iwanek Jakub	Lublin		M	1990	M5	00:10:53	00:01:39	00:45:55	00:01:23	00:28:05	01:27:55	00:00:00
129	187	Sowa Anna	Warszawa	Benefit Systems Team	K	1986	K5	00:10:03	00:01:41	00:48:13	00:01:08	00:27:03	01:28:08	00:00:00
130	204	Szymowska Sylwia	Łuków	Dzkie Borsuki	K	1989	K5	00:10:55	00:02:32	00:48:54	00:01:50	00:24:31	01:28:42	00:00:00
131	80	Klaus Albert	Piaseczno	Lamus Team	M	1975	M8	00:12:33	00:02:35	00:44:53	00:02:12	00:28:37	01:28:50	00:00:00
132	232	Kupień Hubert	Łuków	Wielkie Kule	M	1998		00:10:54	00:03:19	00:47:08	00:00:49	00:26:41	01:28:51	00:00:00
133	123	Marcinek Krzysztof	Lublin	PZU Sport Team	M	1980	M7	00:09:46	00:01:53	00:44:59	00:01:53	00:30:31	01:29:02	00:00:00
134	158	Polak krzysztof	JASTKOWICE		M	1958	M11			00:40:28	00:01:57	00:33:21	01:29:02	00:00:00
135	13	BUCZEK Robert	Siedlce	TSC	M	1975	M8	00:10:06	00:04:03	00:43:25	00:02:41	00:28:58	01:29:13	00:00:00
136	231	Rzymowski Sebastian	Łuków	Wielkie Kule	M	1998	M3	00:09:09	00:03:51	00:49:25	00:00:58	00:26:00	01:29:23	00:00:00
137	91	Krakowiak Ania	Warszawa	Kuźnia Triathlonu	K	1976	K7	00:09:34	00:03:45	00:44:40	00:02:07	00:29:33	01:29:39	00:00:00
138	41	Gawłowicz Robert	Łuków	Dzkie Borsuki	M	1969	M9	00:12:10	00:02:45	00:45:42	00:02:03	00:27:12	01:29:52	00:00:00
139	185	Smozczyńska Jolanta	Stalowa Wola	SKB Triathlon Team	K	1976	K7	00:09:56	00:03:06	00:46:26	00:01:49	00:28:57	01:30:14	00:00:00
140	93	Krasnowski Jacek	Świdnik		M	1967	M9	00:08:50	00:03:21	00:45:40	00:02:44	00:29:50	01:30:25	00:00:00
141	159	Polak Margorzata	Wieruchow	Kuźnia Triathlonu	K	1974	K8	00:11:36	00:03:07	00:45:48	00:02:42	00:27:26	01:30:39	00:00:00
142	195	SULMA JAKUB	SKIERNIEWICE		M	2001	M2	00:08:17	00:04:46	00:45:51	00:03:06	00:28:43	01:30:43	00:00:00
143	107	Leńczowski Mateusz	Krzywaczka	TRI AMO	M	2011	M1	00:08:17	00:03:02	00:44:56	00:01:32	00:32:57	01:30:44	00:00:00
144	201	Szczypek Jan	Łęczna	dziki team leczna	M	1958	M11	00:10:27	00:02:46	00:45:29	00:01:44	00:30:24	01:30:50	00:00:00
145	57	Grotkowski Paweł	Łochów	ENDORFINKI SWIM TEAM	M	1981	M6	00:09:37	00:02:36	00:50:37	00:01:28	00:26:47	01:31:05	00:00:00
146	10	Bogalecki Marek	Starogard Gdański	KS Sokół Zblewo	M	1957	M11	00:10:38	00:03:56	00:44:18	00:02:36	00:29:56	01:31:24	00:00:00
147	88	Kozłowski Paweł	PIASECZNO	MamyTo	M	1987	M5	00:12:26	00:02:25	00:44:04	00:02:06	00:30:27	01:31:28	00:00:00
148	17	Chudy emil	Lublin		M	1986	M5	00:14:28	00:04:40	00:42:36	00:02:43	00:27:02	01:31:29	00:00:00
149	147	Ostrowiecki Łukasz	Michalowice		M	1980	M7	00:11:18	00:02:02	00:44:42	00:02:07	00:31:31	01:31:40	00:00:00
150	51	Górecki Franciszek	Otwock		M	2007	M1	00:08:34	00:04:27	00:50:40	00:02:28	00:25:42	01:31:51	00:00:00
151	186	Sobiech Franciszek	Lublin	Lubelska Grupa Triathlonu	M	2009	M1	00:08:27	00:02:45	00:47:45	00:01:42	00:31:19	01:31:58	00:00:00
152	12	Bronszewski Maciej	Warszawa		M	1984	M6	00:11:38	00:04:37	00:47:34	00:02:33	00:25:50	01:32:12	00:00:00
153	222	Zadrozny Andrzej	Warszawa	TRICLUB	M	1983	M6	00:10:11	00:02:49	00:49:52	00:02:01	00:27:25	01:32:18	00:00:00
154	162	Przeworski Marcin	Warszawa	Elektroluz.pl	M	1987	M5	00:10:19	00:02:59	00:42:31	00:01:48	00:34:49	01:32:26	00:00:00
155	119	Mainka Katarzyna	Warszawa		K	2004	K2	00:10:16	00:02:42	00:52:52	00:01:04	00:25:37	01:32:31	00:00:00
156	234	Basaj Jędrzej	Warszawa	Wielkie Kule	M	1995	M4	00:10:49	00:04:54	00:47:18	00:01:24	00:28:10	01:32:35	00:00:00
157	37	Fasłyn Justyna	Rawa Mazowiecka	TM Iron Team	K	1991	K4	00:08:44	00:02:59	00:47:09	00:01:54	00:31:50	01:32:36	00:00:00
158	229	Zysek Maciej	Garwolin	Stopka Piława	M	1988	M5	00:10:39	00:04:35	00:47:50	00:01:35	00:28:21	01:33:00	00:00:00
159	170	Romanowski Norbert	Józefów		M	1974	M8	00:10:26	00:04:25	00:49:22	00:01:47	00:27:10	01:33:00	00:00:00
160	58	Hetman Łukasz	Radzyń Podlaski	Relentless PS 23:4	M	1989	M5	00:09:14	00:01:59	00:48:21	00:02:34	00:31:13	01:33:21	00:00:00
161	214	Wierzbowicz Krzysztof	Lublin	Lubelska Grupa Triathlonu	M	1988	M5	00:10:59	00:02:42	00:46:58	00:01:46	00:30:58	01:33:23	00:00:00
162	143	Obel Marcin	LUBLIN	Lubelska Grupa Triathlonu	M	1968	M9	00:10:58	00:03:02	00:46:52	00:02:17	00:30:15	01:33:24	00:00:00
163	127	Męczyński Grzegorz	Siedlce		M	1996	M3	00:12:30	00:04:01	00:47:23	00:01:35	00:28:24	01:33:53	00:00:00
164	150	Piasecka Ewa	Łuków	TeamKostera	K	1991	K4	00:11:09	00:03:11	00:50:09	00:01:47	00:27:49	01:34:05	00:00:00
165	99	Kucharska Aleksandra	Warszawa	Ola kucharska tri coach	K	1975	K8	00:10:28	00:03:30	00:46:13	00:02:43	00:31:36	01:34:30	00:00:00
166	176	Sadowski Konrad	Biała Podlaska		M	1981	M6	00:08:41	00:04:24	00:46:49	00:02:40	00:32:20	01:34:54	00:00:00
167	76	Kielczykowski Krzysztof	Żelków kolonia		M	2025		00:13:01	00:02:32	00:45:55	00:02:06	00:31:39	01:35:13	00:00:00
168	122	Maksymowicz Marek	Biała podlaska	Bialska Manufaktura Triathlonu	M	1977	M7	00:07:10	00:03:09	00:50:44	00:02:15	00:32:07	01:35:25	00:00:00
169	77	Kirkiewicz Kacper	Górzno	Sqoora Training	M	1996	M3	00:10:31	00:01:55	00:49:33	00:01:52	00:31:42	01:35:33	00:00:00
170	100	Kulakowski Ksawery	Jozefow		M	2008	M1	00:10:21	00:03:37	00:51:12	00:00:56	00:29:38	01:35:44	00:00:00
171	47	Golec Krystyna	Chelm	8 Ball Cross Gym Chelm	K	1983	K6	00:12:00	00:03:03	00:51:49	00:01:18	00:28:03	01:36:13	00:00:00
172	95	Krawczyk-Bielecka Dagmara	Lublin	Szymanowski triathlon team	K	1978	K7	00:09:51	00:02:34	00:49:41	00:01:22	00:32:46	01:36:14	00:00:00
173	125	Martyszhchenko Dmytro	Warszawa	BimBom	M	2001	M2	00:10:14	00:02:47	00:43:54	00:02:49	00:36:45	01:36:29	00:00:00
174	207	Tomiczak Marta	Warszawa		K	1980	K7	00:11:44	00:02:44	00:48:55	00:01:44	00:31:26	01:36:33	00:00:00
175	182	Siuchniński Paweł	Radonie	Triclub	M	1984	M6	00:12:20	00:04:07	00:45:52	00:02:53	00:31:35	01:36:47	00:00:00
176	235	Gęjzler Anna	Warszawa	Wielkie Kule	K	1998	K3	00:10:35	00:05:23	00:48:35	00:01:22	00:31:19	01:37:14	00:00:00
177	166	Rębacz Jacek	Warszawa		M	1979	M7	01:05:28					01:37:20	00:00:00
178	31	Duchnowski Dariusz	Biała Podlaska	D-Team Biała Podlaska	M	1971	M8	00:10:13	00:03:22	00:46:04	00:02:25	00:35:31	01:37:35	00:00:00
179	36	Faja Daniel	Warszawa		M	2004	M2	00:09:00	00:03:51	00:51:19	00:02:02	00:31:32	01:37:44	00:00:00
180	116	MACIEJEWICZ LEON	Józefów		M	2008	M1	00:10:25	00:04:23	00:48:33	00:01:41	00:32:58	01:38:00	00:00:00
181	178	Samorajska Emilia	Milanof		K	2005	K2	00:14:40	00:02:50	00:51:37	00:01:33	00:30:00	01:40:40	00:00:00
182	126	Matenko Ireneusz	Lukow		M	1973	M8	00:11:04	00:04:30	00:47:13	00:02:38	00:35:32	01:40:57	00:00:00
183	79	Klajnert Marta	Chelm	8 Ball Cross Gym Chelm	K	1976	K7	00:12:13	00:03:57	00:54:27	00:01:12	00:29:22	01:41:11	00:00:00
184	52	Górny Maciej	Lublin		M	1983	M6	00:12:58	00:02:28	00:50:15	00:01:57	00:33:48	01:41:26	00:00:00
185	184	Smal Paweł	Biała Podlaska		M	1987	M5	00:08:37	00:03:23	00:56:09	00:01:14	00:32:28	01:41:51	00:00:00
186	117	Madej Monika	Łuków		K	1974	K8	00:12:31	00:04:04	00:52:25	00:02:08	00:32:39	01:43:47	00:00:00
187	63	Izdebska Renata	Lublin		K	1955	K12	00:12:42	00:02:30	00:53:29	00:01:02	00:34:09	01:43:52	00:00:00
188	15	Chrostek Marcin	Świdnik		M	1976	M7	00:12:24	00:04:51	00:52:40	00:02:28	00:31:52	01:44:15	00:00:00
189	174	Rzytki Piotr	Lisowolka		M	1981	M6	00:10:02	00:02:12	00:47:18	00:02:08	00:44:02	01:45:42	00:00:00
190	112	LUBAŃSKA SYLWIA	BIALA PODLASKA	BIALSKA MANUFAKTURA TRIATHLONU	K	1979	K7	00:09:42	00:03:57	00:57:27	00:02:12	00:33:09	01:46:27	00:00:00
191	212	Wepa Wiesław	Chelm	Chelmska Grupa Triathlonu	M	1956	M11	00:11:10	00:03:17	00:52:06	00:01:21	00:40:01	0	