

Kałuszyn Triathlon Cup

Organizator: Urząd Miejski w Kałuszynie, Klub sportowy "Victoria" Kałuszyn, Urząd Marszałkowski w Warszawie, Klub Biegacza V-Max Adamów
Data: 11.08.2024
Dystans: 1/4 IM
Miejscowość: Kałuszyn



| Msc. | Nr start. | Nazwisko Imię | Team | Płeć | Msc K/M | Kat | Msc Kat | Pływanie | msc | T1 | Rower | msc | T2 | Bieg | msc | Wynik | Kara |
|------|-----------|------------------------------|---|------|---------|-----|---------|----------|-----|----------|----------|-----|----------|----------|-----|----------|----------|
| 1 | 181 | Kopyciński Wojciech | | M | 1 | M20 | 1 | 00:12:39 | 1 | 00:00:46 | 01:03:08 | 2 | 00:00:49 | 00:37:23 | 1 | 01:54:45 | 00:00:00 |
| 2 | 176 | Kępiński Jan | Luft Tri Team | M | 2 | M16 | 1 | 00:14:48 | 4 | 00:00:49 | 01:01:19 | 1 | 00:00:52 | 00:41:28 | 6 | 01:59:16 | 00:00:00 |
| 3 | 210 | Rybicki Artur | Rybicki Triathlon Coach | M | 3 | M25 | 1 | 00:14:26 | 2 | 00:01:05 | 01:08:24 | 5 | 00:00:58 | 00:41:24 | 5 | 02:06:17 | 00:00:00 |
| 4 | 177 | Kępka Marcin | MROZEK TRI TEAM | M | 4 | M35 | 1 | 00:15:28 | 9 | 01:10:10 | 01:10:10 | 7 | | 00:41:59 | 8 | 02:08:21 | 00:00:00 |
| 5 | 237 | Wróblewski Maciej | | M | 5 | M25 | 2 | 00:17:37 | 19 | 00:00:39 | 01:10:16 | 9 | 00:00:40 | 00:41:56 | 7 | 02:11:08 | 00:00:00 |
| 6 | 143 | Bujko Tomasz | Victus Rębków | M | 6 | M40 | 1 | 00:14:54 | 5 | 00:00:56 | 01:10:51 | 11 | 00:01:12 | 00:43:50 | 10 | 02:11:43 | 00:00:00 |
| 7 | 218 | Suchodolski Tomasz | | M | 7 | M25 | 3 | 00:20:41 | 50 | 00:01:14 | 01:08:12 | 4 | 00:01:06 | 00:40:53 | 4 | 02:12:06 | 00:00:00 |
| 8 | 234 | Wojciuk Adam | Mrozek Tri Team | M | 8 | M40 | 2 | 00:16:41 | 13 | 00:01:03 | 01:10:44 | 10 | 00:01:02 | 00:43:35 | 9 | 02:13:05 | 00:00:00 |
| 9 | 171 | Kazanecki Tomasz | Twister Team | M | 9 | M45 | 1 | 00:15:22 | 8 | 00:00:51 | 01:10:14 | 8 | 00:00:53 | 00:46:02 | 21 | 02:13:22 | 00:00:00 |
| 10 | 195 | Matusik Maria | | K | 1 | K20 | 1 | 00:14:43 | 3 | 01:13:22 | | | | 00:44:49 | 15 | 02:13:44 | 00:00:00 |
| 11 | 147 | Czerński Adrian | BANDA GRUDNIA | M | 10 | M35 | 2 | 00:22:04 | 62 | 00:01:37 | 01:09:17 | 6 | 00:01:35 | 00:39:59 | 2 | 02:14:32 | 00:00:00 |
| 12 | 192 | Malicki Michał | | M | 11 | M30 | 1 | 00:14:59 | 6 | 00:01:13 | 01:12:15 | 13 | 00:01:00 | 00:47:49 | 35 | 02:17:16 | 00:00:00 |
| 13 | 188 | Lauryn Patryk | Easy Tri | M | 12 | M35 | 3 | 00:18:14 | 27 | 00:01:31 | 01:12:39 | 14 | 00:00:57 | 00:44:13 | 12 | 02:17:34 | 00:00:00 |
| 14 | 153 | Fajfer Maciej | Prawy Hals | M | 13 | M20 | 2 | 00:16:14 | 10 | 00:01:32 | 01:12:48 | 15 | 00:00:51 | 00:46:49 | 27 | 02:18:14 | 00:00:00 |
| 15 | 160 | Graj Arkadiusz | Banda Grudnia | M | 14 | M35 | 4 | 00:18:30 | 30 | 00:01:31 | 01:18:07 | 33 | 00:00:46 | 00:40:07 | 3 | 02:19:01 | 00:00:00 |
| 16 | 227 | Wasilewski Mariusz | KS Start Pułaski Warka | M | 15 | M40 | 3 | 00:17:47 | 22 | 00:01:48 | 01:12:04 | 12 | 00:00:58 | 00:46:32 | 24 | 02:19:09 | 00:00:00 |
| 17 | 152 | Dziura Tomasz | Zabiegany wołomin | M | 16 | M45 | 2 | 00:18:00 | 25 | 00:01:54 | 01:13:17 | 17 | 00:00:36 | 00:45:33 | 20 | 02:19:20 | 00:00:00 |
| 18 | 186 | Kubicz Krzysztof | GrubyAtakuje | M | 16 | M25 | 4 | 00:23:19 | 72 | 00:02:04 | 01:04:51 | 3 | 00:01:33 | 00:47:33 | 34 | 02:19:20 | 00:00:00 |
| 19 | 169 | Jędrocha Karolina | TRI WAWA | K | 2 | K25 | 1 | 00:17:37 | 19 | 01:17:42 | | | | 00:43:52 | 11 | 02:20:35 | 00:00:00 |
| 20 | 202 | Piwowski Rafał | | M | 18 | M30 | 2 | 00:18:04 | 26 | 00:01:51 | 01:12:52 | 16 | 00:01:09 | 00:47:07 | 29 | 02:21:03 | 00:00:00 |
| 21 | 189 | LESNIAK Grzegorz | Relentless Tri Team | M | 19 | M45 | 3 | 00:20:01 | 41 | 00:01:18 | 01:13:58 | 20 | 00:00:55 | 00:45:17 | 18 | 02:21:29 | 00:00:00 |
| 22 | 232 | Włodarczyk Adam | | M | 20 | M20 | 3 | 00:20:00 | 39 | 00:00:22 | 01:13:32 | 19 | 00:01:02 | 00:47:09 | 30 | 02:22:05 | 00:00:00 |
| 23 | 242 | Wójcik Daniel | Diablaki | M | 21 | M45 | 4 | 00:17:40 | 21 | 00:01:00 | 01:17:25 | 29 | 00:01:00 | 00:45:03 | 16 | 02:22:08 | 00:00:00 |
| 24 | 170 | Kasprowicz Sławomir | TRI AMO | M | 22 | M45 | 5 | 00:17:55 | 24 | 00:02:05 | 01:14:47 | 23 | 00:00:42 | 00:46:53 | 28 | 02:22:22 | 00:00:00 |
| 25 | 197 | Mielczarek Marek | Trinergy / Markowi Biegacze | M | 23 | M50 | 1 | 00:16:37 | 12 | 00:01:06 | 01:17:06 | 28 | 00:01:34 | 00:46:18 | 22 | 02:22:41 | 00:00:00 |
| 26 | 173 | Kąkol Michał | Racefighter Gosir Dębe Wlk. | M | 24 | M35 | 5 | 00:18:19 | 28 | 00:02:08 | 01:16:08 | 25 | 00:00:59 | 00:45:17 | 18 | 02:22:51 | 00:00:00 |
| 27 | 213 | Sawicki Michał | TM Iron Team | M | 25 | M30 | 3 | 00:17:35 | 18 | 00:01:19 | 01:19:04 | 38 | 00:01:15 | 00:44:42 | 14 | 02:23:55 | 00:00:00 |
| 28 | 141 | Bogucki Ireneusz | TRI AMO | M | 26 | M45 | 6 | 00:18:35 | 31 | 00:01:32 | 01:16:29 | 26 | 00:01:20 | 00:46:35 | 25 | 02:24:31 | 00:00:00 |
| 29 | 142 | Bogus Rafał | | M | 27 | M55 | 1 | 00:18:24 | 29 | 00:01:48 | 01:13:17 | 17 | 00:01:12 | 00:49:54 | 42 | 02:24:35 | 00:00:00 |
| 30 | 238 | Wyparło Anna | New Dogs Gym | K | 3 | K30 | 1 | 00:17:00 | 15 | 00:02:36 | 01:14:37 | 22 | 00:00:59 | 00:49:58 | 43 | 02:25:10 | 00:00:00 |
| 31 | 149 | Droś Aleksander | MBC Team | M | 28 | M40 | 4 | 00:17:54 | 23 | 00:01:55 | 01:16:58 | 27 | 00:00:37 | 00:47:50 | 36 | 02:25:14 | 00:00:00 |
| 32 | 184 | Krakowiak Tomasz | Kuźnia Triathlonu | M | 29 | M45 | 7 | 00:23:52 | 76 | 00:01:24 | 01:15:08 | 24 | 00:01:21 | 00:45:03 | 16 | 02:26:48 | 00:00:00 |
| 33 | 239 | Wysokiński Michał | Relentless | M | 30 | M50 | 2 | 00:16:54 | 14 | 00:01:08 | 01:19:16 | 39 | 00:01:05 | 00:49:51 | 41 | 02:28:14 | 00:00:00 |
| 34 | 187 | Kuśmirek Piotr | Mrozek Tri Team | M | 31 | M30 | 4 | 00:19:04 | 34 | 00:03:04 | 01:17:33 | 31 | 00:01:14 | 00:47:24 | 33 | 02:28:19 | 00:00:00 |
| 35 | 159 | Grad Tomasz | Markowi Biegacze | M | 32 | M45 | 8 | | | | | | | | | 02:28:44 | 00:00:00 |
| 36 | 236 | Wójcik Michał | TRI AMO | M | 33 | M45 | 9 | 00:19:47 | 36 | 00:01:27 | 01:14:29 | 21 | 00:00:53 | 00:52:18 | 48 | 02:28:54 | 00:00:00 |
| 37 | 183 | Kozik Michał | | M | 34 | M20 | 4 | 00:18:53 | 33 | 00:01:40 | 01:18:07 | 33 | 00:00:54 | 00:49:22 | 40 | 02:28:56 | 00:00:00 |
| 38 | 164 | Jaczewski Robert | | M | 35 | M35 | 6 | 00:16:17 | 11 | 00:01:47 | 01:21:37 | 44 | 00:00:53 | 00:48:54 | 37 | 02:29:28 | 00:00:00 |
| 39 | 211 | RYCHLIK Grzegorz | | M | 36 | M40 | 5 | 00:21:42 | 60 | 00:01:43 | 01:19:30 | 40 | 00:01:14 | 00:47:16 | 32 | 02:31:25 | 00:00:00 |
| 40 | 214 | Sikora Jakub | ChŚ TriTeam | M | 37 | M25 | 5 | 00:18:38 | 32 | 00:01:28 | 01:21:31 | 43 | 00:00:57 | 00:49:21 | 39 | 02:31:55 | 00:00:00 |
| 41 | 163 | Handzlik Kinga | BABECZKA | K | 4 | K25 | 2 | 00:22:04 | 62 | 00:01:15 | 01:21:07 | 42 | 00:01:15 | 00:46:21 | 23 | 02:32:02 | 00:00:00 |
| 42 | 155 | Gagała Karol | | M | 38 | M35 | 7 | 00:22:00 | 61 | 00:00:53 | 01:18:21 | 35 | 00:01:04 | 00:51:39 | 46 | 02:33:57 | 00:00:00 |
| 43 | 151 | Dzięcielski Łukasz | DTZ | M | 39 | M45 | 10 | 00:20:00 | 39 | 00:02:04 | 01:25:54 | 57 | 00:01:38 | 00:44:33 | 13 | 02:34:09 | 00:00:00 |
| 44 | 167 | Jarosiewicz Paweł | Strefa Slackline | M | 40 | M30 | 5 | 00:21:18 | 58 | 00:02:02 | 01:23:08 | 48 | 00:01:40 | 00:46:46 | 26 | 02:34:54 | 00:00:00 |
| 45 | 209 | Romanowski Kamil | Kostera Team | M | 41 | M40 | 6 | 00:26:25 | 86 | 00:01:54 | 01:17:59 | 32 | 00:01:30 | 00:47:11 | 31 | 02:34:59 | 00:00:00 |
| 46 | 136 | Bartosiak Maciej | | M | 42 | M35 | 8 | 00:20:07 | 42 | 00:00:29 | 01:18:59 | 37 | 00:01:18 | 00:54:08 | 56 | 02:35:01 | 00:00:00 |
| 47 | 226 | Wakuta Marek | Triathlon Siedlce Club | M | 43 | M50 | 3 | 00:20:07 | 42 | 00:01:47 | 01:22:23 | 46 | 00:01:40 | 00:49:11 | 38 | 02:35:08 | 00:00:00 |
| 48 | 174 | Keński Michał | MBC Team | M | 44 | M35 | 9 | 00:23:22 | 73 | 00:01:59 | 01:17:32 | 30 | 00:01:08 | 00:52:13 | 47 | 02:36:14 | 00:00:00 |
| 49 | 148 | Czerwiński Adam | Szymanowski Triathlon Team | M | 45 | M35 | 10 | 00:20:35 | 48 | 00:01:35 | 01:23:22 | 50 | 00:01:07 | 00:50:57 | 44 | 02:37:36 | 00:00:00 |
| 50 | 223 | Trociewicz Jacek | | M | 46 | M45 | 11 | 00:17:16 | 16 | 00:02:48 | 01:22:56 | 47 | 00:01:12 | 00:53:51 | 54 | 02:38:03 | 00:00:00 |
| 51 | 158 | Golba Anna | Relentless | K | 5 | K45 | 1 | 00:20:44 | 51 | 00:01:34 | 01:24:15 | 52 | 00:00:49 | 00:52:54 | 50 | 02:40:16 | 00:00:00 |
| 52 | 179 | Kłosiński Rafał | AleCzas | M | 47 | M50 | 4 | 00:25:25 | 80 | 00:01:07 | 01:20:34 | 41 | 00:01:10 | 00:52:52 | 49 | 02:41:08 | 00:00:00 |
| 53 | 175 | Kędziorek Rafał | Team ZabieganeDni/ Straż Pożarna Wiązowna | M | 48 | M35 | 11 | 00:23:34 | 75 | 00:01:17 | 01:22:10 | 45 | 00:01:06 | 00:53:56 | 55 | 02:42:03 | 00:00:00 |
| 54 | 194 | Marcinkowski Paweł | | M | 49 | M35 | 12 | 00:15:21 | 7 | 00:01:37 | 01:18:56 | 36 | 00:01:13 | 01:05:35 | 82 | 02:42:42 | 00:00:00 |
| 55 | 198 | Mikołajczuk Jarosław | | M | 50 | M55 | 2 | 00:20:33 | 47 | 00:02:10 | | | | | | 02:42:59 | 00:00:00 |
| 56 | 196 | Michalski Grzegorz Michalski | Brak | M | 51 | M45 | 12 | 00:22:45 | 69 | 00:01:52 | 01:23:42 | 51 | 00:01:40 | 00:54:14 | 57 | 02:44:13 | 00:00:00 |
| 57 | 191 | Madej Tomasz | | M | 52 | M40 | 7 | 00:17:33 | 17 | 00:02:10 | 01:23:17 | 49 | 00:02:02 | 00:59:50 | 74 | 02:44:52 | 00:00:00 |
| 58 | 204 | Pregowski Bartosz | KIERUNEK TRIATHLON | M | 53 | M30 | 6 | 00:20:38 | 49 | 00:01:05 | 01:27:05 | 59 | 00:01:01 | 00:55:43 | 61 | 02:45:32 | 00:00:00 |
| 59 | 199 | Mrozowski Kamil | | M | 54 | M30 | 7 | 00:20:13 | 44 | 00:01:37 | 01:27:37 | 60 | 00:01:19 | 00:54:47 | 59 | 02:45:33 | 00:00:00 |
| 60 | 166 | Jankowski Paweł | Strefa Slackline | M | 55 | M40 | 8 | 00:19:52 | 38 | 00:02:01 | 01:24:24 | 53 | 00:00:51 | 00:58:37 | 70 | 02:45:45 | 00:00:00 |
| 61 | 225 | Ufnał Jakub | | M | 56 | M40 | 9 | 00:20:23 | 45 | 00:03:05 | 01:25:32 | 56 | 00:01:41 | 00:55:44 | 62 | 02:46:25 | 00:00:00 |
| 62 | 222 | Tarnowska Ewa | Lubelska Grupa Triathlonu | K | 6 | K30 | 2 | 00:26:32 | 88 | 00:01:16 | 01:25:14 | 55 | 00:00:58 | 00:53:44 | 53 | 02:47:44 | 00:00:00 |
| 63 | 193 | Mamla Kacper | | M | 57 | M20 | 5 | 00:20:53 | 53 | 01:29:15 | | | | 00:56:00 | 63 | 02:47:50 | 00:00:00 |
| 64 | 185 | Krysiak Robert | | M | 58 | M55 | 3 | 00:19:47 | 36 | 00:02:42 | 01:28:01 | 62 | 00:02:02 | 00:57:51 | 66 | 02:50:23 | 00:00:00 |
| 65 | 139 | Biszkont Sławomir | | M | 59 | M55 | 4 | 00:19:42 | 35 | 00:02:58 | 01:27:52 | 61 | 00:00:56 | 00:59:20 | 72 | 02:50:48 | 00:00:00 |
| 66 | 220 | Ściechowski Michał | Team Obrotoweczka | M | 60 | M40 | 10 | 00:21:17 | 57 | 00:03:06 | 01:24:41 | 54 | 00:01:58 | 01:00:29 | 76 | 02:51:31 | 00:00:00 |

| | | | | | | | | | | | | | | | | | |
|----|-----|-------------------------|-------------------|---|----|-----|----|----------|----|----------|----------|----|----------|----------|----|----------|----------|
| 67 | 203 | Podsadni-Krysik Paulina | KGB | K | 7 | K35 | 1 | 00:23:11 | 71 | 00:02:06 | 01:31:23 | 67 | 00:01:23 | 00:53:29 | 52 | 02:51:32 | 00:00:00 |
| 68 | 201 | Nicewicz Mateusz | | M | 61 | M25 | 6 | 00:25:44 | 81 | 00:02:05 | 01:30:23 | 65 | 00:02:01 | 00:51:24 | 45 | 02:51:37 | 00:00:00 |
| 69 | 217 | Strzelec Damian | | M | 62 | M40 | 11 | 00:22:32 | 67 | 00:02:56 | 01:28:06 | 63 | 00:00:50 | 00:57:57 | 67 | 02:52:21 | 00:00:00 |
| 70 | 162 | Guszcza Ewa | Markowi Biegacze | K | 8 | K50 | 1 | 00:24:35 | 78 | 00:02:11 | 01:31:20 | 66 | 00:01:24 | 00:53:23 | 51 | 02:52:53 | 00:00:00 |
| 71 | 182 | Kosno Piotr | Live well at CITI | M | 63 | M50 | 5 | 00:21:00 | 55 | 00:01:38 | 01:34:40 | 72 | 00:01:22 | 00:55:32 | 60 | 02:54:12 | 00:00:00 |
| 72 | 146 | Czarnocki Arkadiusz | | M | 64 | M35 | 13 | 00:22:10 | 65 | 00:02:21 | 01:26:56 | 58 | 00:01:31 | 01:01:36 | 79 | 02:54:34 | 00:00:00 |

Swim distance (number of laps): 950m
 Bike distance (number of laps): 45km
 Run distance (number of laps): 10,5km
 Air Temperature: 23,3C
 Water Temperature: 20,4C

Head Referee: Wojciech Knap

Kałużyn Triathlon Cup

Organizator: Urząd Miejski w Kałużynie, Klub sportowy "Victoria" Kałużyn, Urząd Marszałkowski w Warszawie, Klub Biegacza V-Max Adamów
Data: 11.08.2024
Dystans: 1/8 IM
Miejscowość: Kałużyn



| Msc. | Nr start. | Nazwisko Imię | Team | Płeć | Msc K/M | Kat | Msc Kat | Pływanie | msc | T1 | Rower | msc | T2 | Bieg | msc | Wynik | Kara |
|------|-----------|---------------------------|---------------------------|------|---------|-----|---------|----------|-----|----------|----------|-----|----------|----------|-----|----------|----------|
| 73 | 157 | Gliński Paweł | RIDERS_LuftTriTeam | M | 65 | M50 | 6 | 00:21:15 | 56 | 00:02:04 | 01:31:53 | 69 | 00:01:34 | 00:58:25 | 68 | 02:55:11 | 00:00:00 |
| 74 | 224 | Tumielewicz Mariusz | Team ZabieganeDni | M | 66 | M45 | 13 | 00:24:28 | 77 | 00:02:31 | 01:31:49 | 68 | 00:01:57 | 00:54:27 | 58 | 02:55:12 | 00:00:00 |
| 75 | 180 | Koksa Łukasz | Triathlon Siedlce Club | M | 67 | M35 | 14 | 00:25:52 | 83 | 01:29:41 | | | | 01:01:26 | 78 | 02:58:27 | 00:00:00 |
| 76 | 233 | Woińska Weronika | Easy Tree | K | 9 | K20 | 2 | 00:23:26 | 74 | 00:01:34 | 01:38:09 | 74 | 00:02:25 | 00:57:15 | 65 | 03:02:49 | 00:00:00 |
| 77 | 206 | Pruszczak Przemysław | | M | 68 | M35 | 15 | 00:30:59 | 91 | 01:34:16 | | | | 00:58:31 | 69 | 03:05:57 | 00:00:00 |
| 78 | 208 | Roguski Piotr | | M | 69 | M30 | 8 | 00:20:29 | 46 | 00:02:55 | 01:32:24 | 71 | 00:01:55 | 01:11:27 | 88 | 03:09:10 | 00:00:00 |
| 79 | 230 | Wińska Ewa | | K | 10 | K30 | 3 | 00:22:40 | 68 | 00:02:09 | 01:43:29 | 80 | 00:00:44 | 01:00:22 | 75 | 03:09:24 | 00:00:00 |
| 80 | 212 | Sadowska Magdalena | | K | 11 | K45 | 2 | 00:27:08 | 89 | 00:04:00 | 01:41:00 | 78 | 00:02:00 | 00:59:22 | 73 | 03:10:17 | 00:00:00 |
| 81 | 178 | Kiersztyn Mateusz | | M | 70 | M30 | 9 | | | | | | | | | 03:10:41 | 00:00:00 |
| 82 | 156 | Gil Marta | Lubelska Grupa Triathlonu | K | 12 | K30 | 4 | 00:20:55 | 54 | 00:01:41 | 01:29:49 | 64 | 00:01:16 | 01:17:06 | 90 | 03:10:47 | 00:00:00 |
| 83 | 144 | Bujko-Bartnicka Katarzyna | Bujczkoteam | K | 13 | K35 | 2 | 00:22:27 | 66 | 00:02:10 | 01:38:17 | 75 | 00:01:54 | 01:06:27 | 83 | 03:11:15 | 00:00:00 |
| 84 | 235 | Woźniak Michał | Drim Tim | M | 71 | M30 | 10 | 00:21:22 | 59 | 00:03:15 | 01:46:49 | 84 | 00:01:26 | 00:58:58 | 71 | 03:11:50 | 00:00:00 |
| 85 | 243 | Styk Nicole | | K | 14 | K40 | 1 | 00:23:08 | 70 | 00:02:19 | 01:43:51 | 81 | 00:00:39 | 01:02:17 | 80 | 03:12:14 | 00:00:00 |
| 86 | 190 | Macias Agnieszka | | K | 15 | K40 | 2 | 00:25:45 | 82 | 00:02:19 | 01:35:55 | 73 | 00:02:18 | 01:07:01 | 84 | 03:13:18 | 00:00:00 |
| 87 | 215 | Stelmach Artur | | M | 72 | M40 | 12 | 00:24:36 | 79 | 00:05:55 | 01:41:41 | 79 | 00:01:56 | 01:00:31 | 77 | 03:14:39 | 00:00:00 |
| 88 | 205 | Prokop Henryk | | M | 73 | M25 | 7 | 00:20:48 | 52 | 00:05:12 | 01:39:01 | 77 | 00:01:40 | 01:11:12 | 87 | 03:17:53 | 00:00:00 |
| 89 | 137 | Bednarska Joanna | | K | 16 | K40 | 3 | 00:26:11 | 85 | 00:02:40 | 01:31:56 | 70 | 00:02:17 | 01:16:04 | 89 | 03:19:08 | 00:00:00 |
| 90 | 241 | Zwolska Jowita | UHF | K | 17 | K30 | 5 | 00:26:06 | 84 | 00:02:51 | 01:44:01 | 82 | 00:01:01 | 01:05:23 | 81 | 03:19:22 | 00:00:00 |
| 91 | 228 | Wdowiak Dominik | | M | 74 | M20 | 6 | 00:32:35 | 92 | 00:02:19 | 01:52:28 | 86 | 00:01:39 | 00:56:13 | 64 | 03:25:14 | 00:00:00 |
| 92 | 207 | Raniszewska Katarzyna | Team ZabieganeDni | K | 18 | K35 | 3 | 00:27:20 | 90 | 00:01:57 | 01:45:26 | 83 | 00:01:40 | 01:09:10 | 86 | 03:25:33 | 00:00:00 |
| 93 | 221 | Środa Janusz | | M | 75 | M60 | 1 | 00:26:28 | 87 | 00:03:15 | 01:38:50 | 76 | 00:01:34 | 01:22:41 | 91 | 03:32:48 | 00:00:00 |
| 94 | 150 | Dyrkacz Marek | | M | 76 | M35 | 16 | 00:41:22 | 93 | 00:03:37 | 01:48:17 | 85 | 00:01:05 | 01:08:54 | 85 | 03:43:15 | 00:00:00 |

Swim distance (number of laps): 950m
Bike distance (number of laps): 45km
Run distance (number of laps): 10,5km
Air Temperature: 23,3C
Water Temperature: 20,4C

Head Referee: Wojciech Knap